## WHAT IS CLAIMED IS:

1. A method for applying an adhesive material to a surface to be treated, the method comprising the steps of:

providing an applicator comprising at least one absorbent portion, said absorbent portion comprising an exterior surface;

providing an adhesive material, said adhesive material comprising 1,1-disubstituted ethylene monomers;

applying the adhesive material to the exterior surface of said absorbent portion so that the adhesive material is then absorbed into the absorbent portion of said applicator;

applying said adhesive material to said surface to be treated by contacting said absorbent portion with said surface to be treated.

- 2. The method according to claim 1, wherein the surface to be treated is living tissue.
- 3. The method according to claim 1, wherein at least the adhesive material is sterilized.
- 4. The method according to claim 3, wherein the applicator and adhesive material are sterilized.